
Our addresses



Contact us

+336.89.09.07.82 / +336.83.50.85.48



Because every stay is also an invitation to discover new places, we have selected a few restaurants that we particularly enjoy.

From hidden gems and local institutions to more relaxed spots, this selection reflects the diversity and richness of the gastronomy of Île d'Oléron.

You will find both exceptional dining experiences and simple, welcoming places — all chosen for the quality of their hospitality and cuisine.

Feel free to ask us for advice: we will be delighted to help you and, if you wish, assist you with your reservations.



Le Grand-Village-Plage



Chez BEA 



A warm wine bar and friendly restaurant, known for its generous tasting platters (seafood, meats, vegetable fritters, South-West specialties). Homemade cuisine carefully prepared by Béa in a relaxed atmosphere.

Open days : Tu-W-Th-F and the Saturday for dinner.

Phone : +33665796835



Le Relais des Salines



One of Oléron's hidden gems. Built on stilts in the heart of the salt-marsh harbor, this restaurant offers refined and highly flavorful cuisine. A remarkable experience worth planning ahead for.

Open days : Tu-W-Th-F-Sa and Sunday for Lunch.

Phone : +33546758242



Saint-Trojan-Les-Bains



Curtis & Catalina ❤️



A fusion cuisine blending Réunion Island and Lebanese influences, full of sunshine and creativity, inspired by Chef Carole's origins. All enhanced by Clément's constant good mood in the dining room. A true delight.

Open days : F-Sa. For Lunch : M-Tu-Th-Su. Every night except Tuesdays in July and August.

Phone : +33516353916



La Cantine du Port



Traditional regional cuisine in a charming former oyster shack, offering views over the port of Saint-Trojan and the bridge connecting to Île d'Oléron.

Open days : M-Tu-F-Sa-Su.

Phone : +33546772923



Le Grunge



A discreet façade that gives nothing away... and yet! Dare to step inside to discover a charming place and cuisine that fully lives up to the surprise.

Open days : W-Th-F-Sa. Lunch on Sunday.

Phone : +33546364725



L'Albatros



A simply breathtaking terrace offering one of the island's finest views. A gastronomic experience that can sometimes be surprising.

Open days : W-Th-F-Sa-Su. All nights in July and August.

Phone : +33546760008



Le Chateau D'Oléron



KBane Dégustation ❤️



A must-visit for seafood lovers. The restaurant serves locally refined oysters, shellfish, crabs, and shrimp in a seaside setting. Juliette and Yannick's warm hospitality greatly adds to the experience.

Open days : M-Th-F-Sa-Su. Every night from July 25 to August 29.

Phone : +33546778048



Drugstore



Ideally located just steps from the market, this restaurant serves traditional local cuisine in a pleasant atmosphere all year round.

Open days : M-Tu-F-Sa-Su.

Phone : +33546850266



Un nouveau monde



An unusual place, almost surprising at first glance... but hiding a talented chef who has chosen a freer approach to cooking. A wonderful surprise, especially for lunch.

Open days : W-Th-F-Sa-Su - 11h-18h.



Saint-Pierre d'Oléron



L'Auberge le Saint-Pierre



We haven't tried it yet ourselves, but our guests' feedback has been unanimously excellent. A place to discover with confidence.

Open days : Th-W-Te-F-Sa.

Phone : +33546471439



Le Mille Pâtes



A simple and reliable Italian restaurant where pasta and pizzas are always well prepared. A safe choice for a pleasant meal.

Open Days : M-F-Sa-Su.

Phone : +33546473344



Sillage



An address close to perfection. Outstanding cuisine in an elegant, almost confidential setting. Reservations are strongly recommended several weeks in advance.

Open days : Th-F-Sa and for Lunch : Tu-W.

Phone : +33667596304

Elsewhere on Île d'Oléron



Saint Denis d'Oléron

Le Jour du Poisson



A must-visit restaurant, regularly ranked among the island's best. Small dining room and high demand: booking is essential.

Open days : M-F-Sa-Su.

Phone : +33546757621



La Baudissière

Mamelou



A true island institution and a must-try for anyone wishing to discover a local specialty: the famous éclade de moules, a traditional mussel dish cooked over blazing pine needles.

Open days : Tu-W-Th-F-Sa-Su for Lunch.

Phone : +33546754441